

Life Support Competency

AHA Refreshers for BLS, ACLS, and PALS Tuesday, January 19th, 2021

This is a competency refresher designed as a **test** and to renew your BLS, ACLS, and PALS certifications. Come to class ready to demonstrate your proficiency as life support resuscitator professionals. Reference materials available to you in the back of the ambulance are permitted during exams and practical tests.

Mandatory pre-requisites before coming to class:

BLS:

- Review the BLS manual and protocols. Be ready to demonstrate high-quality BLS skills. Be prepared to support your partner in ACLS and PALS simulations.

ACLS:

- Review the ACLS manual and adult resuscitation protocols.
- Go to <http://www.heart.org/eccstudent>, take the ACLS pre-test (code: "acsl5"), pass the test with at least an 80%, and bring the results page with you to class.

PALS:

- Review the PALS manual and pediatric shock and resuscitation protocols.
- Go to <http://www.heart.org/eccstudent>, take the PALS pre-test (code: "pals15"), pass the test with at least an 80%, and bring the results page with you to class.

Agenda (refer to page two for details):

- Part 1 (2.5 hours):
 - AHA video review (Science of Resuscitation, Systematic Approach, Team Dynamics, & Post Arrest Care)
 - BLS practice and testing (1-Rescuer Adult, 2-Rescuer Child, Infant, & Relief of Choking)
 - Written exams (BLS, ACLS, & PALS)
- Part 2 (2.5 hours): Scenarios & Testing (ACLS Megacodes & PALS Shock Cases)

Student Sign-up Slots:

Times	Group	EMT or AEMT	EMT, AEMT, RN, or Paramedic	RN or Paramedic
07:00 - 12:00	1	<input type="checkbox"/> (available)	<input type="checkbox"/> (available)	<input type="checkbox"/> (available)
09:30 - 14:30	2	<input type="checkbox"/> (available)	<input type="checkbox"/> (available)	<input checked="" type="checkbox"/> Wilson, Kellie
12:00 - 17:00	3	<input type="checkbox"/> (available)	<input type="checkbox"/> (available)	<input type="checkbox"/> (available)

All course locations are CMH EMS Headquarters (1525 N Oakland, Bolivar, MO) unless otherwise specified.

More information contact: theron.becker@citizensmemorial.com

More information website: www.ozarksems.com/education.php

Registration form:

<http://www.ozarksems.com/education-application.php>



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Daily Agenda Details

Hour	Classroom A			Classroom B		
	Group	Description	Instructor(s)	Group	Description	Instructor(s)
07:00 - 09:30	1	<u>Part 1:</u> - Videos - BLS Skills - Written Exams	(available)			
09:30 - 12:00	2	<u>Part 1:</u> - Videos - BLS Skills - Written Exams	(available)	1	<u>Part 2:</u> - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	(available) (available)
12:00 - 14:30	3	<u>Part 1:</u> - Videos - BLS Skills - Written Exams	(available)	2	<u>Part 2:</u> - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	(available) (available)
14:30 - 17:00				3	<u>Part 2:</u> - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	(available) (available)

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