

Life Support Competency

AHA Refreshers for BLS, ACLS, and PALS

This is a competency refresher designed as a **test** and to renew your BLS, ACLS, and PALS certifications. Come to class ready to demonstrate your proficiency as life support resuscitator professionals. Reference materials available to you in the back of the ambulance are permitted during exams and practical tests.

Pre-Hospital employees that should sign up:

Note: All dates below have been adjusted for COVID extensions.

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|---|---|
| <ul style="list-style-type: none"> Bradley, Timothy (PALS expires in Sep) Carroll, James (BLS expires this month) Fry, Jay (ACLS expires in Sep) | <ul style="list-style-type: none"> Lang, Zachery (ACLS expires this month) Sidwell, Cory (BLS expires in Sep) Weaver, Aaron (BLS expires in Aug, ACLS expires in Sep) Young, Allison (BLS expires in Aug) |
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Tuesday, July 21st, 2020

Sign-up Slots:

Times	Student Group	EMT or AEMT	EMT, AEMT, RN, or Paramedic	RN or Paramedic
07:00 - 12:00	1	<input checked="" type="checkbox"/> Painter, Melisa	<input type="checkbox"/>	<input type="checkbox"/>
09:30 - 14:30	2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12:00 - 17:00	3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Pre-Requisites:

BLS:

- Review the BLS manual and protocols. Be ready to demonstrate high-quality BLS skills. Be prepared to support your partner in ACLS and PALS simulations.

ACLS:

- Review the ACLS manual and adult resuscitation protocols.
- Go to <http://www.heart.org/eccstudent> and take the ACLS pre-test (code: "acls15").

PALS:

- Review the PALS manual and pediatric shock and resuscitation protocols.
- Go to <http://www.heart.org/eccstudent> and take the PALS pre-test (code: "pals15").

All course locations are CMH EMS Headquarters (1525 N Oakland, Bolivar, MO) unless otherwise specified.

More information contact: theron.becker@citizensmemorial.com

More information website: www.ozarksems.com/education.php

Registration form:

<http://www.ozarksems.com/education-application.php>



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Agenda (refer to page two for details):

- Part 1 (2.5 hours):
 - AHA video review (Science of Resuscitation, Systematic Approach, Team Dynamics, & Post Arrest Care)
 - BLS practice and testing (1-Rescuer Adult, 2-Rescuer Child, Infant, & Relief of Choking)
 - Written exams (BLS, ACLS, & PALS)
- Part 2 (2.5 hours): Scenarios & Testing (ACLS Megacode & PALS Shock)

Daily Agenda Details

Hour	Classroom B			Classroom A		
	Group	Description	Instructor(s)	Group	Description	Instructor(s)
07:00 - 09:30	1	Part 1: - Videos - BLS Skills - Written Exams	Smart, Cheyenne			
09:30 - 12:00	2	Part 1: - Videos - BLS Skills - Written Exams	Smart, Cheyenne	1	Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	Becker, Theron Roberts, Alice
12:00 - 14:30	3	Part 1: - Videos - BLS Skills - Written Exams	OPEN	2	Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	Becker, Theron Roberts, Alice
14:30 - 17:00				3	Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	

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