# Life Support Competency AHA Refreshers for BLS, ACLS, and PALS <u>Tuesday, January 19<sup>th</sup>, 2021</u>

This is a competency refresher designed as a **test** and to renew your BLS, ACLS, and PALS certifications. Come to class ready to demonstrate your proficiency as life support resuscitationist professionals. Reference materials available to you in the back of the ambulance are permitted during exams and practical tests.

#### Mandatory pre-requisites before coming to class:

BLS:

• Review the BLS manual and protocols. Be ready to demonstrate high-quality BLS skills. Be prepared to support your partner in ACLS and PALS simulations.

ACLS:

- Review the ACLS manual and adult resuscitation protocols.
- Go to <u>http://www.heart.org/eccstudent</u>, take the ACLS pre-test (code: "acls15"), pass the test with at least an 80%, and bring the results page with you to class.

PALS:

- Review the PALS manual and pediatric shock and resuscitation protocols.
- Go to <u>http://www.heart.org/eccstudent</u>, take the PALS pre-test (code: "pals15"), pass the test with at least an 80%, and bring the results page with you to class.

### Agenda (refer to page two for details):

- Part 1 (2.5 hours):
  - AHA video review (Science of Resuscitation, Systematic Approach, Team Dynamics, & Post Arrest Care)
  - o BLS practice and testing (1-Rescuer Adult, 2-Rescuer Child, Infant, & Relief of Choking)
  - Written exams (BLS, ACLS, & PALS)
- Part 2 (2.5 hours): Scenarios & Testing (ACLS Megacodes & PALS Shock Cases)

### **Student Sign-up Slots:**

Times	Group	EMT or AEMT	EMT, AEMT, RN, o	RN or Paramedic	
07:00 - 12:00	1	□ ( <mark>available</mark> )	🛛 ( <mark>available</mark> )	□ ( <mark>available</mark> )	□ ( <mark>available</mark> )
09:30 - 14:30	2	Bailey, Cindy	Beydler, Greg	☑ Daily, Jerry	Ø Neher, Travis
12:00 - 17:00	3	☑ Childress,	☑ Pursselley,	☑ Weaver,	☑ Liberty, Tom
		Eric	James	Aaron	

All course locations are CMH EMS Headquarters (1525 N Oakland, Bolivar, MO) unless otherwise specified.

More information contact: theron.becker@citizensmemorial.com

More information website: www.ozarksems.com/education.php



http://www.ozarksems.com/education-application.php



## **Life Support Competency**

#### **Daily Agenda Details**

Hour		Classroom	A	Classroom B		
	Group	Description	Instructor(s)	Group	Description	Instructor(s)
07:00 - 09:30	1	<u>Part 1</u> : - Videos - BLS Skills - Written Exams	Flynn, Brice			
09:30 - 12:00	2	<u>Part 1</u> : - Videos - BLS Skills - Written Exams	Flynn, Brice	1	Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	Young, Morgan McDonald, Ryan
12:00 - 14:30	3	<u>Part 1</u> : - Videos - BLS Skills - Written Exams	Flynn, Brice	2	Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	Young, Morgan McDonald, Ryan
14:30 - 17:00				3	Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test	Young, Morgan McDonald, Ryan

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