

# Life Support Competency

**Tuesday, May 18<sup>th</sup>, 2021**

Each CMH PHS staff member is required to complete this competency annually. Your deadline each year is to complete it on or before your birthday month.

This competency is designed as an opportunity to practice and demonstrate your skills at resuscitation of an adult and a pediatric patient in an out-of-hospital setting. Come to class ready to demonstrate your proficiency as a life support resuscitator professional. Reference materials available to you in the back of the ambulance are permitted during the high-fidelity simulations.

## Suggested pre-requisites before coming to class:

All staff:

- Review Protocol 2-198 - Cardiac Arrest (<http://ozarksems.com/protocol-2-198.php>).
- Brush up on equipment used and procedures practiced during a cardiac arrest or peri-arrest period (i.e. defibrillation, pacing, IO, airway).
- Discuss and practice with your partner your skills and techniques in managing a cardiac arrest with only two staff members in an austere environment with limited resources.

ALS staff:

- ACLS and PALS manuals are available to check out as a reference. Contact Brice or Theron if you would like to check out materials.
- If you are unsure of your skills in ACLS or PALS, pre-course refreshers are encouraged:
  - ACLS: <https://elearning.heart.org/mycourse/launchcourse/23291630>.
  - PALS: <https://elearning.heart.org/mycourse/launchcourse/23291653>.

## Sign-up Slots:

Time	Adult Simulation (Classroom B)		Pediatric Simulation (Classroom A)	
	Students	Instructors	Students	Instructors
10:00 - 11:00	Keller, Steven Schoen, Kevin	Flynn, Brice <b>open</b>	<b>open</b> Frye, Robert	Young, Richard <b>open</b>
11:00 - 12:00	<b>open</b> Frye, Robert	Flynn, Brice <b>open</b>	Keller, Steven Schoen, Kevin	Young, Richard <b>open</b>
12:00 - 13:00				
13:00 - 14:00				
14:00 - 15:00				
15:00 - 16:00				
16:00 - 17:00				

All course locations are CMH EMS Headquarters (1525 N Oakland, Bolivar, MO) unless otherwise specified.

More information contact: [theron.becker@citizensmemorial.com](mailto:theron.becker@citizensmemorial.com)

More information website: [www.ozarksems.com/education.php](http://www.ozarksems.com/education.php)

**Registration is not required, as you are automatically enrolled based on your birthday.**



