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Fall Back (Daylight Savings Ends)

Sunday November 2, 2014 0200

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Notes from the Director's Desk

For the 2nd time, CMH will be recognized with the Missouri Quality Award. During the survey, approximately 500 employees were interviewed. Thank you to everyone that participated.

CELEBRATION: Our Interdepartmental Satisfaction scores are in and we scored a 4.8 out of 5. This, combined with our evaluations, will put us at a 5. Thank you for helping achieve this! Professionalism and doing the right thing are just a couple of the reasons we do so well. You all do strong work and it shows.

EBOLA: We will be rolling out guidelines and making sure all PPE is ready. Stay tuned. A **MANDATORY** Staff Meeting to cover Ebola will be held **Wednesday October 29, 2014 at 1400 in CR#3**. Plan to attend this meeting. If you are not able to attend in person, a WebEx Meeting has been arranged. See your email for details.

FLU SHOT: Flu shots are required. Get your flu shot ASAP. If you received your flu shot somewhere other than CMH, please send me documentation ASAP. If you decline a flu shot, you must file a letter of declination with Infection Prevention. For inquiries regarding the declination letter, **call 417-328-6499**. Remember: If you chose to file a letter of declination, you must wear a mask at work.

OSCEOLA: We will begin operation November 1 at 0001, (midnight). All new Osceola staff should have completed the CMH Orientation by Monday, November 27. Some orientations will be completed on the fly. If they have questions or you see them in the ER, please welcome them and help by answering any of their questions. Don is very busy getting them settled into the CMH family. Our plan is to begin with 707 as their main truck, then cycle the rest of the trucks though to the paint and wrap shop. We will begin moving supplies and primary equipment next week, so it will be busy. The Osceola truck ESN is 1760.

DRIVING: We have had multiple incidents recently. Please be careful and maintain situational awareness. Always use a spotter when backing (**even into the bases**) and drive the speed limit or adjust speed to current road conditions. Be mindful as winter approaches. Road Conditions should always take precedence over speed limit. When running Code 3, both lights and siren must be activated. You should not go faster than 10mph over the speed limit when running Code 3. Please be very careful.

In the future, you will hear ERCAP's that will include EMS. We will be rated like the hospital and it will impact our reimbursement. In Europe, the EMS reimbursement system is based on performance. The system is currently being reviewed by CMS (MC/MD) as a possibility. There are few studies that support a lot of what we do. If the 3 Time Critical Diagnosis/TCD's (STEMI, Trauma, and CVA) are documented thoroughly, we can make a significant difference. We need to be able to move through the protocols, adhere to them and know them well. We are likely moving to a performance base type of reimbursement system. I am not certain what it will look like, but we can begin to prepare for it now. We are strongly considering adding EMS questions to the Health Stream Patient survey questioner. Times are changing and we need to be able to adapt and move forward.

St. Clair County/Osceola WELCOME TO THE FAMILY!!!

Isaac Wilson, Diane Eshleman, and Andy Gross are Paramedics for St Clair/ Osceola. Ryan Carroll, Jennifer Smiley, and Sarah McAntire are EMTs at St. Clair/ Osceola. Amanda Dickover will be transferring up to St. Clair/Osceola from Polk. The Osceola truck ESN is 1760.

Hickory County: Alice Roberts

We have several new and exciting things happening with our CMH EMS family. We are adding new employees. As they come through and do ride time in Hickory, please make sure to come in and welcome them even if you are not on shift.

I want to thank you all for helping prepare 707 for Osceola/ St. Clair County to use while their trucks are being repaired.

We survived the 254 bridge closure!! A big thank you to the Polk County crews that staged in the southern area of our county. You were noticed by the public, making a positive difference to our community.

Another big thank you to those who have helped us keep the standbys covered this year in all 3 counties. We have had almost twice as many standbys this year and without you we wouldn't have been able to provide coverage.

Deer season is upon us, so please be careful out there in the woods- whether you are hunting or responding a call.

There are still several open medic shifts that require coverage in Polk County. Please contact Aaron W. if you are able to assist.

The next schedule will run from December 21st through February 7th. Please submit all time off requests through KRONOS no later than November 28th. A reminder regarding your availability will be emailed to you by November 28th and must be returned no later than December 6th . The new schedule will be released on December 12th.

HealthEMS Update: Morgan Young

Below are a few comments regarding HealthEMS

- Please make sure your charts are exported by the end of each shift.
- Did you know protocols are on the "clipboard" in HealthEMS?
- Did you know a pdf file of the protocols can be found in the "resources" section of HealthEMS? You can view them at anytime.

I have only one reminder for HAZMAT: You must complete your Healthstream assignment. The final skill check-off date for this year will be on **Nov 19th 8am – 10 am.** Ask your partner if they have their HAZMAT completed. If not, both of you should register for the skills testing on Healthstream. If you do not know how to register, please ask.

When assigned to Special Events, please remember:

- Make sure headlights are shut off.
- During the National Anthem, please get out of ambulance, remove your hat, face the flag, and stand with your right hand over your heart.
- Make contact with the event coordinator. i.e.: At a sports event, see if there is an athletic trainer, if not, talk with the home team coach. Preplan what to do in the event of an injury.
- Interact and be social with the people of the event.
- Do not land air ambulances on a football field.

Polk County: Aaron Weaver

I would like to thank everyone who has pitched in and picked up extra shifts. Everyone is doing a great job at getting their shift trades pre-approved.

Reminder: Please use a spotter when backing the trucks!! We need to cut down on the mishaps.

Ebola is a hot topic right now. It is a good idea for everyone to research and educate yourself about this virus. You have received several emails pertaining to Ebola. Please take time to read them.

I will be on vacation starting **November 14th**. I will continue to check emails and will periodically drop in. Please do not hesitate to email me if you have something that needs immediate attention.

First Responder Class is progressing. The students and teachers are having a blast. We have had some great instructors assist Don Stockton with the course.

A big "Thank You" to **Aaron W. and Morgan Y.** for giving up time with your family to help out. I believe they will be a great asset to EMS.

Training: Everyone is learning all we can about EBOLA. Should we come in contact with this deadly virus, please make sure you know what and how to safely respond.

The November Employee spotlight features our Staff in El Dorado and Stockton for stepping up to get the new employee lockers assembled and installed at both stations. The new lockers were needed to keep the bedrooms organized and clean.

Also, thanks to **Josh** and **Missi** for helping out with the KC round trip from Community Springs. Thanks for stepping up to the plate and helping with this all day transport.

Finally, thanks to all crews who helped out this month with the great football games. Football season for Cedar Co isn't over yet. Both teams are in the state playoffs. Go Stockton Tigers! Go El Dorado Springs Bulldogs!

From the Operations side of Cedar County:

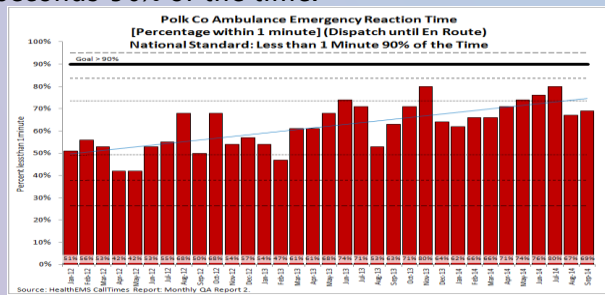
As we start a new fiscal year and I approach my first year with Cedar Co CMH, I would like to take a moment to thank each of you for the hard work and dedication that you have placed in Cedar County and CMH EMS. The organization has come a long way in 2014. With each of us working together as a team with an eye on the goal (patient care), we can make CMH the best; while raising the bar setting the standard for pre-hospital health care.

As we begin the new budget year, I would like to take a moment to give you some insight as to what I am really doing in the office (not just sleeping) at the "vacation station". The following are some of the ideas for improvement of the system that Neal, the Board, and I will be working toward into the next budget year:

- New Ambulance
- New Stryker Cots
- Training Equipment for staff and first responders
- Pediatric Equipment
- Lucas 2 – Automated CPR device
- And many more

Again, these are all conceptual items that are under consideration. It is my intention to work as hard as possible to provide everyone a system that we can be proud of. So we may become the premier example of a progressive EMS system. Again, I would like to thank you to each and every one of you who have dedicated your lives to making Cedar County and CMH EMS a better place.

Quality: Please continue to try to improve our reaction time so we are en route to a Priority One call within 60 seconds 90% of the time.



New hires/students: We have seven new employees. Tim Shaw is PRN paramedic in Bolivar. St. Clair/Osceola Paramedics are Isaac Wilson, Diane Eshleman, and Andy Gross. EMT's for St. Clair/Osceola are Ryan Carroll, Jennifer Smiley, and Sarah McAntire.

Trivia question: No one responded to the trivia question last month, so the question still stands. Evidence-based references from peer-reviewed sources will be required. The best answer emailed to Theron will get a \$10 gift card to Subway.

"Our protocols offer a wide array of anti-seizure medications and delivery methods. Which one has been proven to have the best patient outcomes in recent pre-hospital clinical studies?"

This day in EMS history:

- 11/1/1855 Worst rail disaster in MO history: Gasconade Bridge collapse killed 31.
- 11/5/1912 Consolidated Gas began staffing emergency response units with the Pulmotor Resuscitator.
- 11/16/1973 EMS Systems Act provided \$300M to improve EMS.

New Sections in the next issue

We are happy to announce that everyone at CMH EMS will be allowed to make submissions to the newsletter. If anyone has a submission, please send a legible copy to your station manager.

We will also begin a Classified Ads section in the next issue. If anyone would like to submit an ad for items for sale, for trade, or for free, please submit to melisa.painter@citizensmemorial.com

UPCOMING EVENTS FOR NOVEMBER

Nov 1 (8a-5p)	Outdoor Search and Rescue in Bolivar
Nov 2	Daylight Savings Time Ends – Fall Back 1 hour (2 am)
Nov 4	Deadline for registration for Treatment Considerations in the Elderly STEMI patient
Nov 6 (6:30p-8p)	Treatment Considerations in the Elderly STEMI Patient at Ocean Zen
Nov 11 (4:30p)	Deadline for registration for ACLS Renewal in December
Nov 13 (8:30a-5:30p)	PALS Renewal
Nov 19 (8a-10a)	HAZMAT Skills (in ER BAY) Register on Healthstream
Nov 19 TBA	Trauma Education in Bolivar
Nov 21 (8:30a-5:30p)	ACLS Renewal
Nov 26 (8a-430p)	Advanced Burn Life Support Course at Mercy Spfd McAuley Conf Center

Johnny Lee's (Wheeler) TBI Fundraiser

Let's rally around this precious family, as they truly need our support through this difficult journey.

John is one of the kindest, hard-working, genuinely loving and giving men this world has been blessed with. In the blink of an eye, a life can be completely changed. On his way home from work, John was involved in a motor vehicle accident that has left him with a traumatic brain injury.

John and Sheila will be out of work for an extended period of time as John fights to recover from his injuries and get his life back. Sheila will be caring for him throughout his rehabilitation, also fighting to restore their life. John and Sheila still have a daughter at home to care for, with the normal living expenses they had before this devastating event, and now the added expenses of prescriptions, multiple follow-up visits, and rehab therapy visits.

Many people have asked what they can do to help. Many suggested a fundraiser would be very beneficial in this very emotionally, physically and financially stressful time to help lighten some of the financial stress.

<http://www.gofundme.com/g9rxvk>



Brian Whalen **11/1/1966**

Matt Tucker **11/1/1979**

Emma Igo **11/27/1984**

Congratulations!

29 years

Chris Nickos 11/26

3 years

John Shaver 11/7

Josh Ward 11/7

Amanda Dickover 11/7

Greg Beydler 11/14

Victor Nail 11/21

2 years

Linda Kanzenbach 11/5

Brice Flynn 11/5

1 year

Mike Minter 11/11

Tom Ryan 11/25