

CMH EMS Newsletter

May 2017 Volume 3 Issue 9



CMH EMS Mission Statement

To provide safe, exceptional, and compassionate care to our communities with an emphasis on highly trained and empowered EMS staff.

NOTES FROM NEAL

EMS week is this month, May 21 thru 27. I want to **Thank** each and every one of you for the job you do. We provide initial medical care and transport where ever and whenever we are called. From day one, EMS made a contract with the community that we will respond at the time and place of their choosing. There are not appointments; our patients and communities control where and when we are needed. There are no time outs. We cannot stop or close because of high census, there are not weather breaks, we do what we do any time any place. I respect each one of you for what you do, and I am appreciative of your work.

CMH began providing EMS in 1984 when we began with 2 ambulances based at the hospital and our service area was Polk County. The on duty crew worked in the ER, too. All calls for ambulances came to a phone in the ER and the ER staff dispatched the ambulances. In late Spring of 1985, CMH assumed the ambulance service for Hickory County. We were initially based in a vacant clinic area in the LTC Center in Hermitage, before the 1st base was built. Now, our service area is 4 counties and we have 5 bases. We will respond to over 8000 calls for service this fiscal year!



Continued to pg 8

Message from Jeff Miller

I may be a little early but I would like to take a moment to recognize our Paramedics and EMT's during the month that recognizes your profession. Thank you for the purposeful, worthwhile work that you do each day to improve the lives of those you serve. I know all our EMS workers are exceptional and I wanted to thank you for your service to the organization and to your patients. You really do make CMH a great place to work and receive care! Please be on the lookout for additional recognition in our newsletter as well as other communication methods we use throughout CMH. I know Neal has a special token of our appreciation as well. Have a great week! Thank you!

Jeff Miller
C.O.O.

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CMH EMS MAY COMPETENCIES

Presented by Cedar Co FTO's
Drowning and Trauma on the Water

- 📍 5/8 in Bolivar 6 pm -10 pm.
- 📍 5/12 in Hermitage 9 am -1 pm.
- 📍 5/16 in Eldorado 6 pm -10 pm.
- 📍 5/18 in Osceola 9 am - 1 pm

CMH EMS ALL DEPARTMENT STAFF MEETING

WEDNESDAY, MAY 10TH @ 8AM

CEDAR CO STAFF MEETING

- 📍 THURSDAY, MAY 18TH @ 830AM

EMS CLINICAL NEWS—THERON BECKER

Clinical Report by Theron

CMH EMS has made some big strides in the past few years. **Neal** and the managers work hard to give us the tools to do our job the best we can. **Brice** has been working hard to put the final touches on this work with the equipment committee and truck checks. CMH EMTs and Paramedics have some powerful tools to save lives. With these tools comes the responsibility to maintain your knowledge and skills.

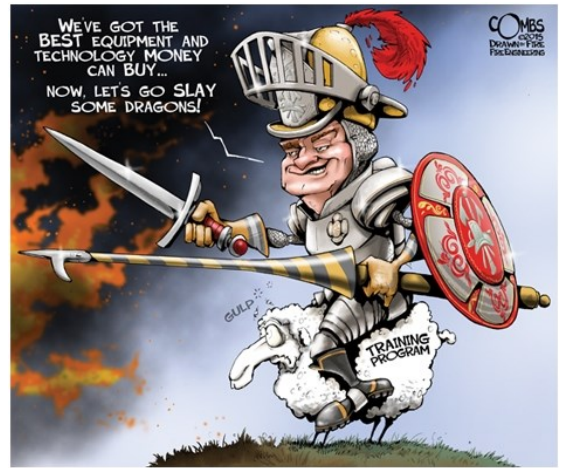
Mr. Babb and CMH Administration are supporting us with the creation of the EMS Education Department and its associated budget. EMS Clinical Educators (FTOs) are the foundation of this department, and the success of EMS relies on these educators. Clinical Educators are the first impression for new employees. Clinical Educators mold this minds of EMT and Paramedic students. Clinical Educators improve the clinical quality with peer chart reviews. All of these roles shape policy and steer the direction this department goes.

If you are not a Clinical Educator, I highly encourage you to consider becoming one. Your next opportunity will be the first week of October at the annual class. Prerequisites to become a Clinical Educator include licensure for at least two years, CMH employee for at least one year, and recommendation by your direct supervisor. In the meantime, find a Clinical Educator in your station and challenge them to teach you something you do not already know or ask them to help you with a training scenario.

If you are currently Clinical Educator, act like the future of this department and the lives of the community rely on you (because they do). If you have a rider, make them want to come back to ride with you because they were challenged and learned a lot. If that rider is a new hire, make them happy they chose CMH because we have our “stuff” together. At shift change, challenge your co-workers with some trivia or ask them to help you with a training scenario. Every station has training equipment. Additionally, the training ambulance and manikin in Bolivar can be checked out at any time.

Train hard, have fun, and save some lives.

Theron Becker, MMPA, BS-FPE, NRP, **Director of EMS Education**
Citizens Memorial Hospital • Emergency Medical Services



Combs, P. (n.d.). The lion on the lamb. Retrieved April 25, 2017, from <http://www.artstudioseven.com/fire-ems-pages/Training-The%20Lion%20Lamb.html>

BIRTHDAYS/YEARS OF CMH SERVICE

MAY BIRTHDAYS		YEARS OF CMH SERVICE	
Robert Frye	9th	<u>7 Years</u>	
Cole Pirkle	17th	Lucas Weaver	
Kevin Schoen	18th	<u>5 Years</u>	
Christina Akins	18th	Tim Bradley	
Daniel Zacher	24th	<u>1 Year</u>	
Stormy Mixon	28th	Allison Young	
Steve Keller	31st		

POLK COUNTY NEWS - AARON WEAVER

I sent an email to the Polk County staff about our new rotation of Accucheck monitors. We have a problem with the bases wearing out and not charging properly. Our new rotation goes as follows:

- ☑ Each shift will have their own Accucheck monitor
- ☑ At the beginning of the shift, it will be located in the closet of Classroom C.
- ☑ We will do a QA test on the machine and store it in the case on the truck until the end of shift.
- ☑ At end of shift, we will return it back to the monitor's base.

When we go through a county that is in our service area, we need to be calling their dispatch and letting them know we are passing through that county. Ask them if there is anything pending. If a truck is out of their service area, we are available and can help out. **We are all one service**, it is the right thing to do, and it is also CMH Policy. We have gotten away from doing this consistently. We need to make sure it becomes a habit/second nature to us. We will begin to do this immediately.

The station is looking pretty good. I am happy about the cooperation everyone has shown by completing his or her tasks on the chore list. Keep up the good work.

I have noticed something lately here at CMH EMS. When Misty had surgery, I had people calling and checking on us just to make sure we were doing well and if I needed anything. I again noticed it with Ryan and his son. There is out pouring of concern for Ryan and his family. I just want to let everyone know I am very proud to be a part of this group of people. I truly believe we are and act like a family. I have worked other places where this is not as common. I want to thank everyone for making CMH EMS a really great place to work.

I also want to thank everyone for helping out with all the open shifts. Last month, we only had to shut a truck down twice. That is a great accomplishment and it is because of you all that we were able to maintain coverage. Thanks again!

Aaron Weaver, Paramedic
Operations Manager - Polk County
CMH EMS

Staffing Updates

John Smith will be moving to A shift on A week. Congratulations John.

Now that John is taking the A shift, this will open up a full time **T** shift. We really want to move quickly on this due to being understaffed. Please contact **Aaron Weaver** by Wednesday May 3rd if you are interested in this full time position.

Welcome to the following new hires!

Christina Akins, Paramedic, Full time in Osceola.

Matt Lee, Paramedic, PRN in Polk.

Daniel Zacher, EMT, PRN in Polk.

When we go through a county that is in our service area, we need to be calling their dispatch and letting them know we are passing through that county.

LIFE & TIMES FROM THE BEAUTIFUL STOCKTON LAKE

Greetings from Beautiful Stockton Lake

Hope and pray everyone had a great April and you are looking forward to summer, which is quickly approaching. Don't forget to still leave some blankets on your trucks due to it still getting cool at night. Also, don't forget about those snakes that came out this time of year! Brush up now on your snake bite protocol and what you do when you run on this patient. We are seeing a lot of drug overdoses ,and now, people trying this new street drug Flakka. Oh my! Talk about the Zombie, superhuman drug. People, if you have not seen anyone on this yet you are lucky. You really need to pull up the YouTube videos and watch this before you meet one of these people. After watching, then review your protocols and what we can treat them with. Can you say KETAMINE? Folks, this is just one of many out there. Below, I have the Top 10 list of the most dangerous street drugs out there:

- 10) Purple Drank
- 9) Scopolamine
- 8) Heroin
- 7) Crack Cocaine
- 6) Crystal Meth – (#1 in Missouri producer)
- 5) AH-7921
- 4) FLAKKA**
- 3) Bath Salts
- 2) Whoonga
- 1) Krokodil

Personnel: I just wanted to take a moment to say thanks for what everyone does; if its covering open shifts, helping out with special task or projects around the stations, or covering transfers. THANK YOU!

From Cedar County Ambulance District Board: We have our New Portable Radio' in and are getting them prograded and should be in service soon. We have also ordered a new mobile radio for the new ambulance coming in next month and we are going to give 712 old mobile to Eldorado PD dispatch, we are also working on adding the Cedar County Sheriff's department new digital frequency to our radios and giving them our information to add to their radios. We have also ordered the Ped-Mate and they have arrived and going into service shortly, also we have ordered a Misting Fan which will come in handy during standbys and special events like El Dorado Picnic, Stockton Black Walnut Festival, and Stockton Triathlon just to name a few. The Board has approved the purchase of land for the new Stockton Base location, and plans are at the architect now. We will hold off purchasing new furniture until the new building construction is completed.

Operations: Healthstreams: Please everyone sign in and make sure you are up to date. The end of the fiscal year is just around the corner and we still have several that are behind. Ask your partner "Have you done your Healthstreams?"

Remember: My door is ALWAYS OPEN if you need to talk or vent – it's better you get it off your chest than keep it bottled up and cause you undo stress.

Thanks again,

Tom Ryan
CMH Cedar County EMS



HICKORY/ST. CLAIR COUNTY NEWS— ALICE ROBERTS

I would like to welcome **Christina Akins** to the Osceola Station and to our CMH family. Please welcome her and help her to get acclimated to the county and to her new home.

Rob and **Tyler** have been moved to float positions. We will be using them to help with coverage. Both do not realize what a tremendous load that they have taken off our shoulders during the busy time of the year. Please welcome them as you see them in your stations.

Several things will be happening over the next few months with some adjustments in our inventory and supplies. Please keep in mind some of the things mentioned below.

- * We will no longer be sending medications back to pharmacy that expire within the next 60 to 90 days. With this change we will need to run the medications in the ambulances up to the day that they expire. All crew members will need to be involved with making sure expired medication are pulled and replaced at the end and/or first of the month. Make sure either **Tim Shaw** at Osceola or **Tim Bradley** at Hickory know if you are short anything so they can get it ordered.
- * There is currently a shortage of D-50. Be aware of this as it may be a month or two before we are able to get any from pharmacy. Use if needed, if you can use oral glucose, please go that route if at all possible. If you run out on your front line truck and in the storeroom, please pull off your back up truck and leave a note so everyone knows there is not any D-50 on your back up ambulance.
- * We also have another drug shortage: Sodium Bicarb. We are looking at the same time line late May to June before we will be able to get it back in stock.

I just want to remind everyone of the following as there have been some issues arise recently. We are all busy, and to make things easier on each of the counties, we need to adhere to the following so we are doing what is in the best interest of our patients, co-workers, and services area's that CMH covers. FTO's who have new employees riding with you, please make sure you go over these things while they are orientating with you.

- 1) Osceola crews need to check in with St. Clair dispatch when they clear CMH, GVMH, CCMH, and Ellett for any calls in your service area where another service maybe responding to. If you are closer at that time to the call, you need to respond.
- 2) Hickory crews need to check in with Hickory dispatch when you leave CMH, when you reach the east county line coming back from Lake Regional, and check in with Hickory just north of Collins area when coming back from GVMH, for any calls in your service area where another service maybe responding to. If you are closer to the call you need to respond.
- 3) Crews need to check in with Polk County when they clear Springfield at I-44 and 13 and again when you clear Bolivar. Also contact your county dispatch when you clear Bolivar en-route back to your county.
- 4) Regardless of which county that CMH covers, when you pass through the county you need to contact that dispatch and let them know when you enter and when you leave that county.
- 5) If you are closer to a call on way back to your county you will be expected to run the call especially if you are going to be driving past it and are the closer unit. (if exhausted, you need to at a minimum first respond, (you need to be at the point of going back in your county for this to occur) otherwise you will be expected to take the call and transport if needed.
- 6) Please remember to call into dispatch at shift change with new crew's DSN numbers. We need to make a habit of this. This is expected of you every shift that you work.

Both stations should now have their new Pedi Mates. Please make sure your station name is written on them in permanent marker prior to placing on the truck. i.e.: Osceola EMS 1 and Osceola EMS 2.

Good News: Once Polk County receives their new ambulance and it is in service, we will be replacing 706 and going back to 720. I know a few of you will be very happy.

Make sure you are leaving your ambulance clean, restocked, and ready to go for the oncoming crew to use.

Station duties check list appears to be getting signed off at the end of the shift. Stations are cleaner in appearance to the outside eye. The stations smell much better too!

Brice has been working on a paperless check off for our morning truck checks. I hope we have it in place this month, as we have been using a lot of paper.

Remember we will be having an all staff meeting on May 10th. This will be held in Bolivar. I expect you to be at this important staff meeting if you are not on the truck...Those who are working will get an email with a link for WebEx at the station.

We should see an influx of people in our counties during Memorial Day Weekend. Please come well rested for work as this tends to be a very busy weekend.

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Local Training Opportunities

CMH EMS MAY COMPETENCIES



Presented by Cedar Co FTO's

Drowning and Trauma on the Water

5/8 in Bolivar 6 pm to 10 pm.

5/12 in Hermitage 9 am to 1 pm.

5/16 in Eldorado 6 pm to 10 pm.

5/18 in Osceola 9 am to 1 pm

EDUCATIONAL OPPORTUNITIES

CMH EDUCATION:

- 5-19 ACLS Renewal 830am—5pm
- 5-23 PALS Renewal 830am—5pm

*To register, contact CMH Education Services at 328-6769

2017 CMH Haz-Mat Class Dates

- May 18th CMH Hospital 7am to 9am
 - August 17th CMH Hospital 5pm to 7pm
 - September 21st CMH Hospital 10am to Noon; 1 pm to 3pm
 - October 26th CMH Hospital 8am to 10am; 1 pm to 3pm
- ☛ *Remember to register for your class in advance. If you do not attend the class you have registered for, there will be a \$30 payroll deduct from your check.*

MOCERT 1 will be having a 12 hour Outdoor Search and Rescue class on Friday night, May 12 6:00-10:00pm and Saturday, May 13th 8:00am-4:00pm at the Davis Chapel on the campus of Southwest Baptist University. This class will teach students how to assist with locating and rescuing missing people in a wilderness setting. Certificates of Completion will be issued by MOCERT1 to students who complete the class.

Pre-registration is required so please let me (Kermit) know if someone from your agency or plans to attend. I'm expecting CERT Teams from all over S.W Missouri to send people to this class, so I recommend early enrollment.

Kermit Hargis
Public Health Planner/CERT coordinator
Polk County Health Center

kermit.hargis@polkcountyhealth.org

<https://www.citizensmemorial.com/1calendar/index.html>

Community Training Calendar

Training in the Region

Mercy Continuing Education

Altered LOC

May 8th

630p—930p

1407 E St. Louis St, Springfield, MO

Traffic Incident Management 4-hour session (which is POST Certified) and FREE

Time: Thursday June 15, 2017 from 12:30—
16:30

Location: Greene County Public Safety Center

Address: 330 West Scott St, Springfield, MO

Registration: <http://timtraining-springfield-jun15.eventbrite.com>

This training is being provided free of charge, however, agencies are responsible for all travel related expenses.

Ambulance Strike Team Leader/Medical Task Force Leader

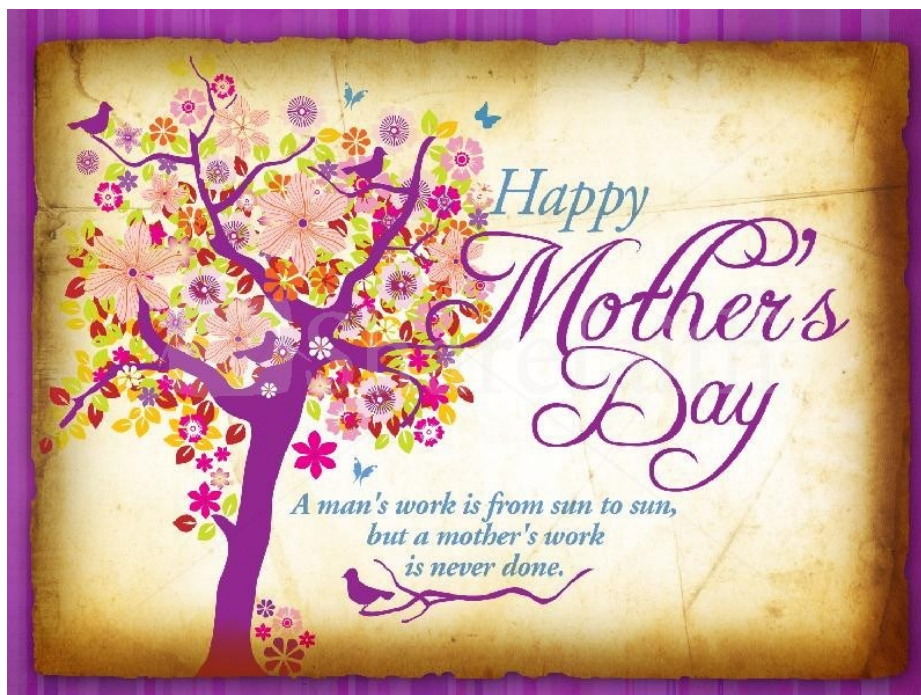
June 27-28, 2017

Hilton Garden Inn, Springfield

This two-day class is designed to prepare ambulance/medical providers with the information necessary to function as an Ambulance Strike Team/Medical Task Force leader in response to local, state, or national disasters.

Registration will be available through June 1.

Register Today!



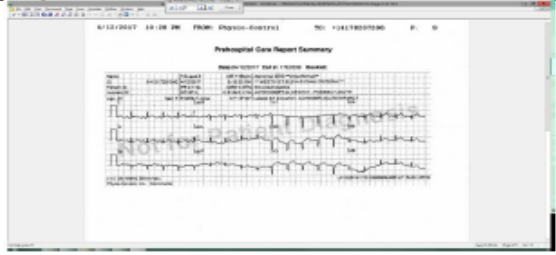

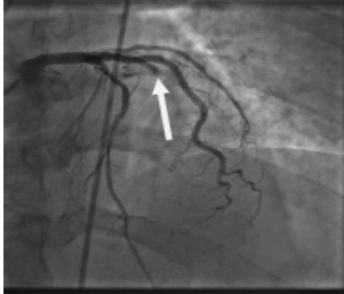
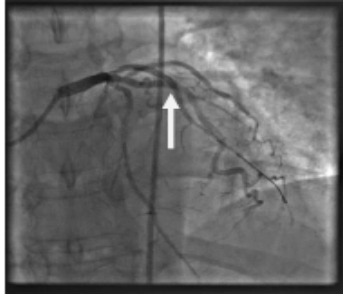
EMS STEMI

EMS CREW: Mike Minter & Lyman Taylor

STEMI FOLLOW-UP REPORT

4/12 /2017 EVENT DETAILS: TE/45 yo/ Female							
Symptom Onset	1800	Referring Facility (RF)		Mercy Arrival Time	2132	CCL arrival to PCI	24 min
EMS name	CMH 15-Lifeline 3	RF arrival time		Door 2 EKG	4 min	Symptom onset to PCI	284 min
911 Call	2000	RF Door 2 EKG time	min	Door 2 Activate	9 min	First Patient Contact to PCI	152 min
EMS first patient contact	2012	RF Door 2 transport call	min	Activate to Card/ NP/ PA	27 min	STEMI EKG to PCI	149 min
EMS FMC 2 EKG time	3 min	RF DIDO time	min	Activate to CCL Ready	29 min	Door to PCI	72 min
Transport time	73 min	RF Leave		ED Leave	2211		

PATIENT OUTCOME: Sudden onset chest pain radiating to bilateral arms and jaw, rated 5/10, associated with diaphoresis and shortness of breath. She apparently ran out of Plavix 4 days ago. HX: STEMI March 2017 with BMS to LAD diagonal, HLD, ischemic cardiomyopathy. EKG revealed anterolateral ST elevation. Cardiac cath revealed thrombotic in-stent occlusion of mid LAD diagonal opened with aspiration thrombectomy and PTCA. LVEF 30%. Complained of marked groin pain-ultrasound negative for pseudoaneurysm. Marked wheezing which improved with nebulizer treatment. Arranged for pulmonary consult but left AMA on 4/14.

EMS ECG - 2015		Mercy STEMI ECG - 2136	
PRE PCI		POST PCI	

NOTES FROM NEAL

Continued from pg 1

Mike Moore, Allen Brotherton & Chris Nickos, were some of the 1st CMH EMS employees. EMS has evolved and grown in the 33 years we have been operating. It is a challenge to provide rural EMS to communities. We have large service areas with low population densities, and longer response and transport times. We do not have the financial resources that bigger services have available. It is a challenge we meet every day 24/7/365. CMH EMS has been a big part of improving EMS in our area. Our employees have helped start several rescue squads or first response groups. Our employees have been members and in leadership rolls of several of the fire department, rescue squads, and first response groups. We have trained many first responders, EMTs, and are about to start a Paramedic Program. CMH has been instrumental in bringing helicopter EMS to rural areas. Closer to the patients that would normally have long transport times, which has decreased HEMS response time and given our patients faster transport to primary care centers.

We provide good care to our communities and patients. We rock when it comes to TCD. We recognize and identify the patients quickly. Our scene time is short, our transportation decisions are correct, and we get the patient to the appropriate facility that can treat them. We are a big part of the success of the success of the CMH STEMI program. We need to give ourselves a pat on the back.

Well, that is enough for this month. As I reflect back and look forward, I am darn proud of what we have done, what we do each day, and what we are going to do in the future. You should be proud of what you do. We have a little something for everyone that we will get to you during EMS week. It is a token our recognition and appreciation for the profession you have chosen.

Thank you and be SAFE!

Neal T.

HICKORY/ST. CLAIR COUNTY NEWS— ALICE ROBERTS

Please remember to pick up your one Lucas Oil standby for the year. I would like to see both stations completely done before August. Of course, you may ask for more than one standby, but may get bumped if someone who has not worked one asks for the same one.

Alice Roberts EMT-P
Hickory-Osceola Ops Manager



Reminder: ALL staff will need to work a minimum of one Lucas Oil Standby this season. Lucas Oil nightly races require you to be at the track by 1845, unless noted otherwise below. Boat races are usually by 8am, but noted below TBA as they have started later when we get closer to the date.

Upcoming Schedule Standbys:

5/06: Lucas Oil 6th Annual Impact Signs, Etc.
Alice Roberts & Matt D'Amore

5/06: 10 K Heroes for Hospice - Polk 8-10am
Open ALS & Matt D'Amore

5/13: Lucas Oil Weekly Show #4
Open ALS & Missi Painter

5/20: Chuck Wagon Races - St.Clair 1300-1700
Open ALS & Matt D'Amore

5/20: Lucas Oil Weekly Show #5
Open ALS & Matt D'Amore

5/21: Chuck Wagon Races—St. Clair 1300—1700
Open ALS & Open BLS

5/25: Lucas Oil Show Me 100
Tim Bradley & Stormy Mixon

5/26: Lucas Oil Show Me 100
Open ALS & Peter Holm

5/27: Lucas Oil Show Me 100
Open ALS & Carolyn Ream

6/09: Lucas Oil Boats TBA
Morgan Young & Peter Holm

6/10: Lucas Oil Boats TBA
Open ALS & Open BLS

6/10: Lucas Oil Weekly Show #6
Open ALS & Matt D'Amore

PHOTO OPPORTUNITIES!!

We are entering the season of standby events and we would like to begin a page in this newsletter of photos of the events we cover. These photos can be of the participants, but we would really like to have snapshots of our CMH crew. Use your imagination!! Get creative!! Use good judgement, but make them fun! If nothing else, this will help some of our new staff see who is who and what the standby is all about.

Send them to melisa.painter@citizensmemorial.com or text them to me .