



CMH EMS Newsletter

Recognition of CMH Veterans & Active Military

In honor of Veterans Day, to recognize, and to show our appreciation for your service to our country, CMH cordially invites all CMH employees who have served in the military or who are currently serving in the military to a **Veterans Day Breakfast** on **Monday, November 5, 2018** from **8:00 a.m. to 10:00 a.m.** in **Community Rooms 1 & 2** at the Hospital. This has been scheduled as a Breakfast Buffet to allow for those veterans who provide patient/resident care to attend at your convenience between 8:00 a.m. and 10:00 a.m.

Please plan on participating in this event as we recognize your contribution to keeping our country safe and protecting the freedoms that we all enjoy as citizens of the United States.

Donald J. Babb

Chief Executive Officer/Executive Director
CITIZENS MEMORIAL HOSPITAL



Inside this issue

- Health & Safety2
- St. Clair Co News2
- Cedar Co Events3
- Cedar Co News4
- Anniversaries.....4
- Birthdays4
- CMH Education5
- Paramedic Class Announcement ..6

Polk Co News—Aaron Weaver

I would like to thank everyone for picking up the extra shifts. We have only had to shut down a couple of shifts over the last two months. It takes everyone working as a team to accomplish this feat.

Do your Healthstreams! We need to be at least at a 90% completion rate.

Full time and part time people: I need you all at 100%.

PRN employees: We need you to get your Healthstreams completed. I will pay you for the time at home spent completing your Healthstreams if you let me know.

I know this is a short newsletter piece. I apologize for not doing more. I just want you all to know I appreciate everything that you all do for CMH EMS. I will be on vacation for about 24 days this month. I am trying to get all the open shifts filled before I leave. Take a look and see what you all can fill and let me know before Friday the 9th.

Oh, by the way, **John Smith** will be going on medical leave this month. **Kevin Schoen** will be taking over as fleet contact for John until he gets back. If you have any problems with the trucks, email Kevin.

A couple of things about Mercy: Please weigh ALL patients being taken to Mercy Springfield ER. Also, Mercy Joplin now has the Behavioral Health floor (8th floor) operational. Effective Wed Nov 7th, transfers for Mercy Behavioral will now go to the Mercy Hospital. Please see the email sent earlier this week.

Have a good month. I will be back at the end of November.

Aaron Weaver, Paramedic
Operations Manager - Polk County

Health & Safety—Brice Flynn

Happy November to all of you! The leaves have turned and most have fallen. The days are short and the nights colder. With the change from the vibrantly growing summer to the slower growth of autumn, we should not follow suit. We did not have competencies last month, but it is not just up to our educators and leaders to keep our skills sharp. It is up to you. At the FTO class this past month, we discussed the need for our students and new hires to have some drive within themselves to want to learn and seek to become better providers. We all must lead this by taking an active role in improving our knowledge, skills, and abilities. Teach something to your partner. Learn something from a new hire or student. We can all learn something every day. Take the opportunity and grow!

Additionally, we now have life jackets or Personal Flotation Devices on all our ambulances. They are stored in outside compartments in a black nylon

drawstring bag. There are two in each ambulance, be familiar with them before you need them. These are on the ambulances so that you can wear it when working near or around water. Examples to wear them include; while on a dock, while in a boat, while next to a body of water getting a patient out of a boat that someone has already rescued. If you could fall in the water while working, then you should have it on. Our CMH policy for their use is being updated, once it is in place you will all be notified. If you have any questions or concerns, please contact myself or your supervisor about working around water.

Be careful and thankful for the ability to provide a needed service to our communities.

Brice Flynn
NRP, I/C, AAS, BA
Health and Safety Chief

St. Clair County—John Frazer

For my first ever newsletter, I just want to express how humbling it is to have been selected to be the new Operations Manager for the Osceola Station. I have received a lot of support during this process and look forward to starting on this chapter in my life. I recently had my two-year anniversary here at CMH and can say that it has been very rewarding. I have no regrets making CMH my choice of employers. I have seen firsthand some of the changes that have taken place by administration to make CMH a better work place. I have never been a part of an organization that puts as much emphasis on core values as CMH. Positive, Respectful, Innovative, Dedicated and Empowered.....these are values that I hope each person holds close to themselves, not just for the sake of CMH but for one's own sake. No matter how many changes happen from the administrative side to improve, real change comes from how each person holds these values and reflect them to those around them. I would hope each person would take just a few moments of their day and reflect on these values and ask yourselves, how can "I" be more Positive, Respectful, Innovative, Dedicated and Empowered.

Cedar Co Events



Head Start PR Event in Stockton. Lyman Taylor



Trick or Treating: Stockton City Park and Stockton CMH EMS Station. John Wright



Cedar Co New Raincoats displayed on Medic 10 and Lyman Taylor's first deer of the season!

LIFE & TIMES FROM THE BEAUTIFUL STOCKTON LAKE

So you ask yourself, "Self, what is going on in Cedar County these days?"

Well, let me tell you! "The Lake" season has come to an end, football season is over except for Eldorado Springs (Go Eldo you can beat Lamar!) Winter is just around the corner as we get trucks ready for the cold weather coming so start stocking the trucks with heat packs and thermal blankets in preparation for colder temps.

Don't forget those little deer. They will be moving more and more during the daylight hours, and not just at night. If you are not driving, you should be helping your partner keep an eye out for the 4 legged creatures. Drive Safely.

Notes from the Board: Well, John Wilson has left. Rusty Norval is now president of the Board. We are still looking for a replacement for John Wilson's spot on the board. Our wish list for 2019 has been turned into the Cedar County Ambulance District board and now we will wait to see what they approve for the upcoming year's budget, projector, vents, vest, wipe off boards, just to name a few.

Employees: Well, besides having some great employees, we have been busy working some STEMI's. Great job to **Bill**. Everyone Keep up the great work! Don't forget to take the monitor in the house with you on ALL EMS calls we have to help us get the "patient contact to first 12 lead" down to below 10 minutes. Cedar County is still slowly decreasing their times, but we still have a long way to go.

Flu shots for Cedar County staff are all done, thanks to **Bobby** for helping with this at our Oct Staff Meeting, and Thanks to **Cassandra Keller** for cooking again for our staff meeting. The Bacon Eggs, Biscuits and Gravy were Great.

Tom Ryan, Paramedic
Operations Manager Cedar County
CMH EMS

Anniversaries in November

Greg Beydler 7 years

Amanda Dickover 7 years

Brice Flynn 6 years

Mike Minter 5 years

Tom Ryan 5 years

Dawn Sloan 3 years

James Clarke 1 year

Mandy Flynn 1 year

November Birthdays

Stephen Scroggins Nov 21st

Allison Young Nov 25th

Emma Igo Nov 27th

Matt Lee Nov 29th

2019 PARAMEDIC ACADEMY

This class will equip students with all the education needed to be a high-performing paramedic and a desirable candidate for employment.

Four semesters (16 months) starting Jan 3, 2019
Monday (9 a.m. - 6 p.m.) and Thursday (7:30 a.m. - 4 p.m.)

Prerequisites:

- High school diploma or GED.
- NIMS IS-100 and IS-700.
- Currently certified in Professional Rescuer CPR.
- Currently licensed and undisciplined Missouri Emergency Medical Technician.
- Work experience as ambulance EMT (one year full-time, two years part-time/PRN/volunteer, or recommendation by employer and an EMS professional reference.
- Ability to pass background check without felony, violence, or drug convictions.
- Ability to pass drug screen.

Certifications gained after successful completion:

- Prepared and eligible to test for Missouri Licensed Paramedic.
- Prepared and eligible to test for Nationally Registered Paramedic.
- Eight college-credit hours in Anatomy and Physiology, Advanced Cardiac Life Support, Psychological Trauma in EMS Patients, Pediatric Advanced Life Support, Geriatric Education for EMS, NIMS IS-200, All Hazards Disaster Response, Hazmat Medic, Tactical Emergency Casualty Care.
- Course credit may be transferred to several colleges and universities to be applied towards an Associate's Degree in Paramedicine.

Coursework, classroom activities, and in-class testing will focus on personal safety, teamwork, and exceptional, compassionate patient care. Curriculum is evidence-based and utilizes state-of-the-art equipment and online resources. Extensive use of simulation and scenario education will be included. Additionally, personal work habits and fitness activities will be included to prepare students for a life-long career in EMS. Students will have access to a fully-stocked ambulance and high fidelity manikin.

Tuition of \$7,500 includes two semesters of anatomy and physiology, textbooks, online access codes, uniforms, all course fees, and your first round of National Registry testing fees (both computer-based test and psychomotor tests). Payment plans are available. CMH employees may apply for Medical Excellence Scholarships and work contract. This course is approved by the US Department of Veterans Affairs to certify enrollment for eligible veterans for education assistance programs such as the Post-9/11 or GI Bill.

Application deadline is November 15th. A non-refundable application fee of \$100 will be required at the time of application. After entrance exams and background checks are completed, enrolled students will be announced on December 1st, 2018.



For more information: theron.becker@citizensmemorial.com

To register:

www.ozarksems.com/education-application.php

