

**From:** [Theron Becker](#)  
**To:** [CMHEMS](#)  
**Subject:** daily status update  
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Top of the news is, as you probably have heard this afternoon, a CMH employee tested positive for COVID. They did not have patient contact and was self-isolated since the symptoms started. We can assume there are more (both pending tests and those untested) in our community. Keep you diligence up, minimize your exposures, assess at a distance, minimize procedures, and clean your hands and surfaces often.

Please log in to the employee intranet at the beginning of each shift and review the updated information by following the link at the top of the page: ([COVID-19 Updates](#)). The information there is updated often, so even reviewing multiple times in your shift might be a good idea.

The Missouri State Public Health Lab is now authorized and capable of doing 24-hour tests for COVID for first responders if you meet the qualifications (sick and been exposed). This will help keep our staff working that is feeling ill from whatever else is going around but not actually with COVID. The current CDC guideline for returning to work after suspected COVID is 72 hours afebrile AND 7 days since onset of symptoms.

Pretty short update today. Salaried employees are being asked to take one to two days off per week to help offset financial issues. I'll keep the daily updates coming and whatever other projects I can work on from home. As always, you can contact me anytime email, cell, or Slack.

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**[CMH EMS Mission:](#)**  
Provide safe, exceptional, and compassionate care  
to our communities with an emphasis on  
highly trained and empowered staff.